



Sharecare earns 19 Digital Health Awards in spring 2022 competition

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Honors reflect the breadth, depth, and quality of Sharecare's proprietary content to address critical issues including mental health and health equity

ATLANTA, June 13, 2022 /PRNewswire/ -- Sharecare (Nasdaq: SHCR), the digital health company that helps people manage all their health in one place, today announced its recognition in the Spring 2022 Digital Health Awards across 19 categories. The Health Information Resource Center's semiannual Digital Health Awards recognize the best online and virtual health resources for both consumers and professionals.



The comprehensive Sharecare platform serves as a digital "front door" to its award-winning content, programs, and resources that are designed to help people manage and improve their health. Among those recognized in this year's competition are Sharecare's digital therapeutics for stress and anxiety management – including both Unwinding Anxiety and Unwinding by Sharecare's financial stress mini-master class developed in partnership with Mint – as well as several articles and videos created to inspire and inform people about managing their health.

The Digital Health Awards also honored web-based extensions of Sharecare's platform including interactive tools in its online chronic disease education centers for conditions like depression and heart failure as well as Sharecare's social media channels and content. Other digital resources from the company to empower clinical researchers as well as community and civic leaders to advance health and well-being initiatives inclusively were among this year's award winners.

"These wins reflect the breadth, depth, and quality of the proprietary content that power our offerings and is a key differentiator driving engagement with our virtual care platform, enabling us to support our members throughout their health journeys," said Laura Klein, executive vice president and head of life sciences at Sharecare. "We deliver a wealth of best-in-class resources and expertise that meet people's needs across diagnosed conditions, individual health goals, education and inspiration, and beyond; and we are proud to celebrate not only the industry's recognition of this work, but also its positive impact on the millions of lives we touch today."

Sharecare earned the following Digital Health Awards during this season's competition:

Gold Award

- [Unwinding Anxiety by Sharecare: Grandpa Freestyles](#)

Silver Awards

- ["Ukrainian Refugees Facing Major Health Risks"](#)
- ["Health Equity" video series](#)
- ["Engaging Diverse Individuals and the Communities They Live In"](#)
- [The Data Behind Idiopathic Hypersomnia](#)
- [The Data Behind Tardive Dyskinesia](#)
- [Digital Immersion for Rheumatoid Arthritis: Interactive 3D Experience Featuring Parallax Scrolling](#)

Bronze Awards

- Financial Stress Mini Course, developed in partnership with Mint (available through Unwinding by Sharecare on [iOS](#) and [Android](#))
- [Sharecare on Facebook](#)
- [Sharecare on Twitter](#)
- [Sharing Care: Becca's Story](#)
- [You Are More Than Atopic Dermatitis](#)
- [Virtual Multiple Sclerosis \(MS\) Assistant](#)

Merit Awards

- Unwinding Anxiety by Sharecare (available on [iOS](#) and [Android](#))
- "[Transgender Health and Wellness](#)" article series
- "[Accelerating Decentralized Real-World Research: Smart Omix for Pharmaceutical & Life Sciences Companies](#)"
- [A Virtual Look at What Causes Heart Failure](#)
- [Movement for Ankylosing Spondylitis](#)
- [Better Together: Managing Depression](#)

To explore more award-winning content, programs, and resources from Sharecare, visit [sharecare.com](#) or download the app for [iOS](#) and [Android](#).

About Sharecare

Sharecare is the leading digital health company that helps people – no matter where they are in their health journey – unify and manage all their health in one place. Our comprehensive and data-driven virtual health platform is designed to help people, providers, employers, health plans, government organizations, and communities optimize individual and population-wide well-being by driving positive behavior change. Driven by our philosophy that we are all together better, at Sharecare, we are committed to supporting each individual through the lens of their personal health and making high-quality care more accessible and affordable for everyone. To learn more, visit [www.sharecare.com](#).

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